



**CONSECRATION
SPIRIT, SOUL, BODY**

21 DAYS

Monday – Friday Only

February 3rd through February 28th

Sunday, March 3rd – Worship & Holy Communion

CONSECRATE YOURSELVES

Therefore, I urge you, brothers and sisters, by the mercies of God, to present your bodies [dedicating all of yourselves, set apart] as a living sacrifice, holy and well-pleasing to God, which is your rational (logical, intelligent) act of worship. ²And do not be conformed to this world [any longer with its superficial values and customs] but be transformed and progressively changed [as you mature spiritually] by the renewing of your mind [focusing on godly values and ethical attitudes], so that you may prove [for yourselves] what the will of God is, that which is good and acceptable and perfect [in His plan and purpose for you].

Romans 12:1-2 AMP

*Joshua told the people,
“**Consecrate yourselves**, for tomorrow
the LORD will do amazing things among you.”*

Joshua 3:5 NIV

*Now may the God of peace Himself sanctify you through and through [that is, separate you from profane and vulgar things, make you pure and whole and undamaged—**consecrated** to Him—**set apart** for His purpose]; and may your **spirit** and **soul** and **body** be kept complete and [be found] blameless at the coming of our Lord Jesus Christ. Faithful and absolutely trustworthy is He who is calling you [to Himself for your salvation], and He will do it [He will fulfill His call by making you holy, guarding you, watching over you, and protecting you as His own].*

1 Thessalonians 5:23-24

PRAYING GOD'S WORD WORSHIP FASTING

This time of consecration, revelation and impartation from the Lord will bring life change! We believe that we will be transformed by the power and the word of God as we pursue him together. God will also provide us with strategies and insight to advance the Kingdom of God in this area and beyond according to His purpose for our ministry as He did to the early church fathers during their time of consecration for the equipping of the Saints. (Acts 13:2-3).

WHEN:

Monday, Feb 3rd – Friday, Feb 28th
(excluding Saturdays and Sundays)
Last Day: SUNDAY, MAR 2nd

WORSHIP & HOLY COMMUNION

FAST AND CONSECRATE FROM:

Food, Events, Social Media

WHAT TO EXPECT:

- **Weekly prayer focus**
- **Scripture to pray and read that corresponds with the prayer focus**
- **Intimate Worship Encounters**

Before you commit to any fasting style, please consult your physician to ensure that your participation will not adversely affect your health.

DECLARING THE WORD OF GOD IN PRAYER!

Each time we say what God says, it marks us and changes us. ***“The words that I speak to you are spirit and they are life.”***

John 6:63

PRAYER FOCUSES

- *Take time to linger in His presence with worship music in the background.*
- *Take a passage of Scripture and to turn it into a dialogue with God through Jesus Christ.*
- *Read His Word aloud and demonstrate what scripture says (i.e., make a joyful noise, call on the Lord, etc.)*

Week 1: Feb. 3 - 7: *Praise and Worship**

****INTIMATE WORSHIP ENCOUNTER – SAT., FEB. 8TH, 6 – 7PM (CHURCH SANCTUARY)***

Week 2: Feb. 10 - 14: *Fill/Refill Us With Your Holy Spirit*

Week 3: Feb. 17 - 21: *Healing and Divine Protection*

Week 4: Feb. 24 - 28: *Deliverance and Salvation*

****INTIMATE WORSHIP ENCOUNTER – WED., FEB. 26TH, 7 - 8PM (CHURCH SANCTUARY)***

SCRIPTURE DECLARATIONS/MEDITATIONS

Praise and Worship	
Week 1	
Feb 3	1 Chronicles 16:23 - 31
Feb 4	Psalm 8
Feb 5	Psalm 18: 1 - 3
Feb 6	Psalm 63: 1 - 5
Feb 7	Psalm 107

Fill/Refill Us With Your Holy Spirit	
Week 2	
Feb 10	Ezekiel 36: 25 - 30
Feb 11	Joel 2:28-32
Feb 12	Colossians 1: 9 - 14
Feb 13	Ephesians 4: 25 - 32
Feb 14	Ephesians 5: 8 - 21

Healing and Divine Protection	
Week 3	
Feb 17	Job 5: 19 - 24
Feb 18	Psalm 3
Feb 19	Psalm 6
Feb 20	Psalm 34
Feb 21	James 5: 13 - 16

Deliverance and Salvation		
Week 4		
Feb 24	Isaiash 49: 24 - 25	Our Children
Feb 25	2 Peter 3: 8 - 9	Everyone
Feb 26	Ezekiel 36:24-38	Nation
Feb 27	Psalm 27	Personal
Feb 28	Psalm 121	Personal

WEEK 1: PRAISE AND WORSHIP

FOOD – NO RESTRICTIONS

- **No Food after 8pm**

EVENTS

- **No Facebook/Instagram/Tik Toc/Twitter**

COMMITMENT:

- **Sing to the Lord.**
- **Offer a sacrificial praise.**
- **Read and meditate on recommended scripture.**
- **Monday & Wednesday!** Connect with us for Corporate Prayer via the conference line @ 7pm.

OPTIONAL:

Choose a prayer watch and commit to prayer daily during that time (see pages 11-13).

INTIMATE WORSHIP ENCOUNTER

SATURDAY | 2/8/25
6-7PM

WEDNESDAY | 2/26/25
7-8PM

702 Liberty Pl, Sicklerville, NJ

Prayer

Praise

Worship

WEEK 2: FILL/REFILL US WITH YOUR SPIRIT

FOOD – NO MEAT

- **Seafood, fruits, vegetables, nuts, water, all-natural juice.**
- **No food after 9pm.**

EVENTS

- **No Facebook/Instagram/Tik Toc/Twitter**

COMMITMENT:

- **Call on the Lord, repent, worship, wait, (repeat.)**
- **Be open for a move of God.**
- **Monday & Wednesday!** Connect with us for Corporate Prayer via the conference line @ 7pm.

OPTIONAL:

Choose a prayer watch and commit to prayer daily during that time (see pages 11-13).

WEEK 3: Healing and Divine Protection

FOOD – NO MEAT

- **No food until 12pm**
- **Seafood, fruits, vegetables, nuts, water, all-natural juice.**
- **No food after 10pm.**

EVENTS

- **No Facebook/Instagram/Tik Toc/Twitter**

COMMITMENT:

- **Pray for the sick among you.**
- **Declare the Word of the Lord over your families.**
- **Include praise and worship in your day.**
- **Monday & Wednesday!** Connect with us for Corporate Prayer via the conference line @ 7pm.

OPTIONAL:

Choose a prayer watch and commit to prayer daily during that time (see pages 11-13).

WEEK 4: Deliverance and Salvation

FOOD – NO MEAT OR SEAFOOD

- **No food until 4pm.**
- Fruits, vegetables, water, all-natural juice.
- **No food after 9pm.**

EVENTS

- **No Facebook/Instagram/Tik Toc/Twitter**

COMMITMENT:

- **Meditate on the Word of the Lord.**
- **Declare the Word of the Lord over your families, cities, & our nation.**
- **Include praise and worship in your day.**
- **Monday & Wednesday!** Connect with us for Corporate Prayer via the conference line @ 7pm.

OPTIONAL:

Choose a prayer watch and commit to prayer daily during that time (see pages 11-13).

PRAYER WATCHES

First Watch (6:00 pm – 9:00 pm)

- A Time of reflection
 - *Covenant renewal with God*
 - *To inquire to God about clarity and positioning for your day and your ministry.*
 - *To declare God's blessings upon your life, children, family, church, city, and the nation.*

Second Watch (9:00 pm – 12:00 am)

- A time to pray for divine favor, protection and provision.
 - *To operate in authority as strategy keys are given to open and close doors.*
 - *To break down, destroy and demolish all demonic spirits sent on assignment.*

Third Watch or Midnight Watch (12:00 am – 3:00 am)

A time for divine government to overrule human decrees.

- *Spiritual breakthrough to achieve the plan and purpose for your life.*
- *Pray for persons who are sick and for victory over temptation.*
- *War against plots, plans, and schemes of darkness and deception.*
- *Pray against worry, doubt, fear.*

PRAYER WATCHES

Fourth Watch (3:00 am – 6:00 am)

- A time for declaring God's Word. (Job 22:27-28)
 - *To release judgment on the wicked and demolish wicked activities.*
 - *Command your morning to establish order and find favor and blessings.*
 - *To pray for divine protection.*

Fifth Watch (6:00 am – 9:00 am)

- A time for the Holy Spirit to prepare us for service. (2 Cor. 9:30; Eph 4:12)
- A time for divine judgments for deliverance and breakthrough.
 - *To pray for healing in relationships, family, government, and in the economy.*
 - *To prophesy to the four winds to see dry, wasted, and ruined places restored.*

Sixth Watch (9:00 am – 12:00 pm)

A time to pray for supernatural provision to do God's work. (Exo. 11:3-4)

A time of repentance, forgiveness, and healing of relationships.

- *To activate the power of the blood over witchcraft spirits holding you captive.*
- *To erase the memory of past offense, hurt, pain.*
- *To release others of any debt owed.*

PRAYER WATCHES

Seventh Watch (12:00 pm – 3:00 pm)

- A Time to dwell in the secret place of the Most High. (Psalm 91:1)
 - *To exercise authority as you release the decrees of God hidden in your heart.*
 - *Letting your light shine brighter until the full light of day is attained (Prov. 4:18)*
 - *Pray against and cut-off all satanic arrows and demonic calendars.*
 - *Pray for boldness, courage, and strength to be a fearless warrior.*

Eighth Watch (3:00 pm – 6:00 pm)

- A time of transformation. The hour of triumphant glory and establishing the kingdom.
 - *To dismantle idols, strongholds, recurring cycles and old patterns.*
 - *Pray for deliverance from deep wounds, word curses, and abuse.*
 - *Pray for grace, fresh revelation, wisdom, and understanding.*